

MARCH 2019

Elementary II

Students may take 2 of one vegetable or 2 different vegetables to equal 1 cup. 8 oz. nonfat and low fat flavored & unflavored milk is served with all meals.

Offered Daily: Chef Salad, PBJ Sandwich, Cheese Sandwich, or Yogurt, Cheese, or Cracker Grab –n- Go, a Verity of Fresh Fruits & Veggies.

SOUTH BEND COMMUNITY SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast
WG Cinnamon Mini Bagels
Lunch
Pancakes & Sausage
Potato Rounds
Veggie Pack
Peaches

Breakfast
WG Breakfast Pizza
Lunch
Popcorn Chicken w/Dinner Roll
Country Blend Vegetables
Veggie Pack
Mixed Fruit

Breakfast
Smoothie w/1 grain
Lunch
Pizza Dipper w/Marinara Dipping Sauce
Corn
Veggie Pack
Fresh Fruit

Breakfast
Breakfast Bowl
Lunch
Bagel Dogs
Maple Baked Beans
Veggie Pack
Pears

Breakfast
WG Uncrustable
Lunch
Turkey Ranch Burger on WG Bun
Veggie Pac
Broccoli
Pears

Breakfast
Mini Pancakes
Lunch
Cheese Pizza
Broccoli
Veggie Pack
Applesauce

Breakfast
WG French Toast
Lunch
Chicken Tenders w/Dinner Roll
Potato Wedges
Veggie Pack
Baked Apples

Breakfast
Eqqstravaganza w/1 grain
Lunch
Cheeseburger on WG Bun
Green Beans
Veggie Pack
Pears

Breakfast
Yogurt Parfait w/1 grain
Lunch
Chicken Wings W/Dinner Roll
Broccoli
Veggie Pack
Peaches

Breakfast
WG Breakfast Burrito
Lunch
BBQ Chicken w/WG Chips
Baked Beans
Veggie Pack
Frozen Fruit Cup

Breakfast
WG French Toast
Lunch
Vegetarian Chili w/Beans w/WG Chips
Mixed Vegetables
Veggie Pack
Frozen Berries

Breakfast
Strawberry Mini Bagel
Lunch
Penne Pasta w/Meat Sauce & Dinner Roll
Green Beans
Veggie Pack- 1/2 cup
Peaches- 1/2 cup

Breakfast
WG Maple Pancake on a Stick
Lunch
Corn Dog on a Stick
Maple Baked Beans
Veggie Pack
Pears

Breakfast
Smoothie w/1 grain
Lunch
Deli Sub Sandwich
Corn
Veggie Pack
Fresh Fruit

Breakfast
WG Sausage Cheese Brk. Pizza
Lunch
Chicken Taco w/WG Shell
Broccoli
Veggie Pack
Baked Apples

Breakfast
WG French Toast
Lunch
Vegetarian Chili w/Beans w/WG Chips
Mixed Vegetables
Veggie Pack
Frozen Berries

Breakfast
WG Breakfast Slider
Lunch
Meatloaf Panini
French Fries
Veggie Pack
Mixed Fruit

Breakfast
WG Blueberry Pancakes
Lunch
Chicken Ranch Flatbread
Corn
Veggie Pack
Peaches

Breakfast
Yogurt Parfait w/1 grain
Lunch
Turkey Burger on WG Bun w/Potato Wedges
Maple Baked Beans
Veggie Pack
Fresh Fruit

Breakfast
Cheese Omelet w/1 grain
Lunch
Chicken Dunkers w/Parm Marinara Sauce & Roll
Green Beans
Veggie Pack
Applesauce

Breakfast
Uncrustable
Lunch
French Bread Cheese Pizza
Veggie Pack- 1/2 cup
Broccoli
Pears- 1/2 cup

*This institution is an equal opportunity provider.
Esta institución es un proveedor que ofrece igualdad de oportunidades*

Menu Notes: *Contains Pork, 4 oz. Juice and/or Fresh Fruit served w/Breakfast: WG Cereal w/WG Crackers available at Breakfast Menus are subject to change.

